

Yamhill Carlton Intermediate/High School Breakfast and Lunch Menus April 30-May 4, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
April 30, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Mini Pancakes <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 1, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Cinni Mini <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 2, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Breakfast Burrito <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 3, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Cinni Mini <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 4, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Breakfast Burrito <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 30, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Chili W/ Roll <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 1, 2018 <u>Entrée Choice</u> Pizza Sandwiches Chef Salad Spaghetti <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 2, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Rib A Q <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 3, 2018 <u>Entrée Choice</u> Pizza Sandwiches Chef Salad Chicken Quesadilla <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	May 4, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Chicken Burger <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

Children in SNAP and/or TANF households and Foster Children are eligible for free meals. Children may qualify for Free or Reduced-Price School Meals based on the Federal Income Guidelines. Complete the On-Line Application or fill out the paper application. Mail or deliver it to: YC SD, 120 N. Larch Place, Yamhill, OR 97148. If you have questions or need help, call Shiloh Ficek (503) 852.7610.

Grades K-12 Paid Students: Breakfast \$1.00 Grades K-4 Lunch \$2.70

Grades 5-12 Lunch \$2.95

K-12 Free/Reduced Meal Prices Breakfast & Lunch: Free

Yamhill -Carlton School District is an equal opportunity provider. Menus are Subject to change without notice

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April 30, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Cini Mini	Mini Pancakes	Banana Bread	Benefit Bar	Breakfast Burrito
Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices
Protein Choices	Protein Choices	Protein Choices	Protein Choices	Protein Choices
 <u>Fruit Choices</u>	 <u>Fruit Choices</u>	 <u>Fruit Choices</u>	 <u>Fruit Choices</u>	 <u>Fruit Choices</u>
 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 1, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Popcorn Chicken	Nachos	Sloppy Joe	Rice Bowl	Rib A Q
Yogurt Parfait/Granola	Yogurt Parfait/Granola	Yogurt Parfait/Granola	Yogurt Parfait/Granola	Yogurt Parfait/Granola
Pizza	Pizza	Pizza	Pizza	Pizza
Deli Sandwiches/Chips	Deli Sandwiches/Chips	Deli Sandwiches/Chips	Deli Sandwiches/Chips	Deli Sandwiches/Chips
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>
 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

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